



January 26, 2008

Dear Friends,

Team Survivor NYC (TSNYC) is now launching a new face for 2008!

Team Survivor NYC has come a long way since when we first started. From our initial semi-monthly walks in August 2006, Team Survivor NYC has built a solid infrastructure to build and sustain a network for women affected by cancer. The mission of Team Survivor NYC is to create a network for women affected by cancer, providing a variety of free and / or low cost fitness activities, education, and support while taking an active role in their well-being.

We are very excited to announce the launch of the TSNYC website. The website provides a centralized resource for women interested in building / regaining and maintaining physical fitness goals in NYC. The website offers the following to members:

- Detailed calendar of events
- List of coaches
- Workout buddy program
- Informational resources

In order to support our ever growing services for women affected by cancer, TSNYC is participating and / or hosting three fundraisers dedicated to the health and well-being of women. We are particularly excited about the three fundraising events not only as an opportunity to raise funds for our free or low cost programming to cancer survivors, but more importantly, to promote the core message of the importance of exercise for all cancer survivors. We ask that you keep TSNYC in mind in your contributions for 2008. Our fundraisers are as follows:

- *January 27:* Spin4Survival is an indoor cycling event created to raise money for essential cancer research and important cancer survivorship programs. TSNYC will sponsor a team of four to participate in the cycling event. All proceeds benefit Memorial Sloan Kettering.
- *Spring 2008:* A music, food and raffle event will be hosted to raise funds dedicated to supporting TSNYC survivorship programming. Sponsors include the Cuckoo's Nest and Nola's Hair Salon in Queens, New York.
- *Fall 2008:* The Exercise Day in NYC will be co-sponsored between TSNYC and St. Luke's- Roosevelt Hospital's Comprehensive Breast Center. The purpose of the event is to raise awareness of the importance of exercise, and offer an opportunity to learn about health



and fitness resources throughout the city. Proceeds will fund fitness programming for women affected by cancer.

We look forward to working with you in 2008!

Sincerely,

Wendy Huang  
Executive Director and Founder of Team Survivor NYC

**Team Survivor NYC Board**

Lorraine Camacho  
Laura Huang  
Wendy Huang  
Tracy Young

**About Team Survivor NYC**

The primary objective of Team Survivor NYC is to create a health and fitness community for women affected by cancer and to develop strong outreach networks where women feel comfortable and not intimidated by their personal perceptions of their physical limitations. For more information, visit [www.teamsurvivor-nyc.org](http://www.teamsurvivor-nyc.org).

**Contact**

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